

COLCHESTER – MONKS ELEIGH		
	0.0	R from Playgolf Colchester
0.7	0.7	L @ MRB
		Into West Bergholt
0.8	1.5	SO @ MRB
0.5	2.0	R @ ▲ \$ Gt. Horkesley (Nayland Rd)
0.9	2.9	L @ X \$ Wormingford
0.7	3.6	2 nd L
0.7	4.3	R @ T
0.6	4.9	L @ ▲
0.7	5.6	R @ T ▲ \$ Bures (B1508)
0.8	6.4	R \$ Wormingford Church (Church Rd)
0.9	7.3	<i>CARE descending (road bears L not SO)</i>
0.9	8.2	SO @ X \$ Assington
0.7	8.9	<i>CARE ford (use footbridge to avoid)</i>
0.7	9.6	R @ T \$ Stoke
		Through Assington
0.7	10.3	R @ T \$ Colchester (A134)
0.1	10.4	2 nd L \$ Hagmore Green
0.9	11.3	L @ T \$ Boxford

0.5	11.8	Dismount and cross A1071 (take care)
0.1	11.9	R by church into Boxford
0.2	12.1	L \$ Lavenham (Swan St)
		Through Groton
2.4	14.5	R @ T ▲ \$ Lavenham
0.1	14.6	L @ ▲ \$ Brent Eleigh
		Into Milden
1.4	16	R \$ Village Hall
1.4	17.4	R @ T
0.7	18.1	L @ T
0.1	18.2	L @ T \$ Lavenham (A1141)
0.1	18.3	Refreshments @ Corn Craft on R

Key

R	Right	\$	Signposted
L	Left	@	At
SO	Straight on	▲	Green triangle
T	T-junction	X	Crossroad

MONKS ELEIGH – COLCHESTER		
		Retrace
0.1	18.4	R \$ Lindsey
1.5	19.9	2 nd L
0.1	20.0	L @ T \$ Chelsworth
0.1	20.1	R @ ▲
1.3	21.4	R @ T
0.7	22.1	R @ T \$ Kersey
0.3	22.4	<i>CARE ford (use footbridge to avoid)</i>
0.1	22.5	R @ T \$ Boxford
0.9	23.4	L \$ Polstead
1.2	24.6	L @ T \$ Ipswich (A1071)
0.1	24.7	1 st R
0.8	25.5	L @ T
0.4	25.9	R @ T \$ Shelley
0.2	26.1	2 nd L \$ Shelley
1.2	27.3	R @ T ▲ \$ Polstead
0.3	27.6	L @ ▲
1.4	29.0	R \$ Stoke by Nayland
1.3	30.3	L @ T ▲ \$ Stoke

1.2	31.5	SO @ X \$ Colchester (B1087)
		Into Nayland
1.7	33.2	L @ T
0.6	33.8	L @ T \$ Colchester (A134)
0.1	33.9	R \$ Little Horkesley (Water Ln)
		Through Little Horkesley
3.2	37.1	R @ X \$ W Bergholt
0.9	38.0	L @ T ▲
0.5	38.5	SO @ MRB
		Into Colchester
0.8	39.3	R @ MRB (Bakers Ln)
0.7	40.0	FINISH @ Playgolf Colchester on L

Places in **Bold** are passed through or into before next instruction; road names are in brackets.