

ESSEX CTC - COLCHESTER 40 Miles - 11th August 2013 – Start Time 09.30

Organisers Mobile: 07817 121673

**Start: The Bungalow Diner, 45 London Road, Marks Tey (off A12 on B1408 SP:Copford)
(OS 168- Grid 927237- also refer to OS 155 Bury St Edmonds)**

Abbreviations: TL – Turn Left, TR- Turn Right, SO Straight Over, Fwd- Forward, XRds-Cross Roads, GT-Green/Grass Triangle, TJ- T-Junction	
<p><u>Start to Eleven's</u> TR From Bungalow Diner Pass Swan PH then L (Turkey Cock Lane) Follow SPs 'Seven Star Green'</p> <p>At A1124 TL (Halsted) then 1st R (SP Fordham) follow SPs Wormingford & Bures Fwd to B1508. TR Co'ster/Wormingford.</p> <p>Take 1st L (SP Wormingford Church) Follow down hill (ignore right turn Bowdens Lane) At XRds, SO (SP Assington) to climb hill <u>Care at top! Descent has ford at bottom.</u></p> <p>At TJ, TR (SP Stoke). Keep L at cottage. Continue through Assington to A134. TR (Col'ster) then 2nd L (Hagmore Green) Fwd to TJ where TL (SP Boxford). SPEED HUMPS</p>	<p>At A1071 cross over road and proceed through gap in bush (Cycle Route A3). Follow route to Church. At TJ, TR.</p> <p>Keep right through village. OPTIONAL STOP AT FLEECE TEA ROOM</p> <p>Pass 'Gulf' garage keep left (SP Kersey) Fwd 4 miles to Z bend to TL (Kersey St) Through Kersey. Follow Hadleigh SPs.</p> <p>At X-Rds, SO (SP Whatfield) Route A. Over bridge, climb short hill to reach GT. TR (SP: Hadleigh). Over A1071-SP: Superstore Follow SPs to Town Centre. At Bridge Street TJ, TL into High Street. Continue for 300 yards to stop on the left for break at THE COFFEE TAVERN.</p>
<p><u>Eleven's to Finish</u> From CRABTREE continue down street. At junction turn left (SP: Leisure Centre) Half way up hill TR into Path 'Suffolk B' Continue to end of cycle path</p> <p>At road TJ, TR (Route B) to Raydon. At TJ, TL (SP: E. Bergholt) then TR (Route B) At GT, TL (SP Holton St Mary) Fwd to GT where TR (SP: Higham)</p> <p>Fwd to B1086. TR (Higham) then TL (no SP) <u>Take Care- narrow road with gravel</u></p> <p>At X-Rds SO (SP Stratford St Mary) At TJ, TR to pass SWAN PH. Fwd top of hill where TR (Dedham Rd)</p>	<p>Stay on main route follow 'Boxted' SPs. Through Boxted. Pass Wig & Figget pub then 3rd R (SP Gt Horksley- Queens Head Road)</p> <p>Continue to A134. TR then TL (SP West Bergholt)- Dog Lane At unmarked TJ, TL. At 'White Hart' TJ, TL then TR. (Lexdon) Fwd downhill. TR into Argent Lane</p> <p>At GT, TL (SP Eight Ash Green). Fwd to A1124 TJ where TR. Pass Eight Ash sign (left verge) then TL. Fwd to B1408. TR towards Copford.</p> <p>TL into School Road back to finish at The Alma PH Copford Green.</p>